

5 – SEEKING GOD: EXPOSED (PSALM 139)

I. The Lord's Directive

A. The Only Response

- Your only hope is calling on the Lord for help.

SCRIPTURE Isaiah 55:6
Seek the Lord while He may be found,
Call upon Him while He is near.

SCRIPTURE Psalm 50:15
Call upon Me in the day of trouble;
I will deliver you, and you shall glorify Me.”

SCRIPTURE Psalm 86:7
In the day of my trouble I will call upon You,
For You will answer me.

B. The Enablement to Pray

- The desire to seek the Lord in prayer comes from the Lord.

SCRIPTURE Psalm 80:18-19
¹⁸ Then we will not turn back from You;
Revive us, and we will call upon Your name.
¹⁹ Restore us, O Lord God of hosts;
Cause Your face to shine,
And we shall be saved!

SCRIPTURE Jeremiah 29:10-12
¹⁰ For thus says the Lord: After seventy years are completed at Babylon, I will visit you and perform My good word toward you, and cause you to return to this place. ¹¹ For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope. ¹² Then you will call upon Me and go and pray to Me, and I will listen to you.

C. The Promise

- The Lord will respond to those who genuinely seek him.

SCRIPTURE Psalm 55:16-17
¹⁶ As for me, I will call upon God,
And the Lord shall save me.
¹⁷ Evening and morning and at noon
I will pray, and cry aloud,
And He shall hear my voice.

Rekindling Your Desire For The Lord: A Study In Spiritual Renewal

SCRIPTURE Psalm 116:1-2

¹ I love the Lord, because He has heard My voice *and* my supplications.

² Because He has inclined His ear to me,
Therefore I will call *upon Him* as long as I live.

SCRIPTURE Hebrews 11:6

But without faith *it is* impossible to please *Him*, for he who comes to God must believe that He is, and *that* He is a rewarder of those who diligently seek Him.

II. The Proper Mindset for Prayer

A. Dropping the Pretense in Prayer

- As with human interactions, we approach the Lord as if there are some things hidden.
- We must operate from the reality that our lives and thoughts are completely exposed to God.

B. The One Who Know You (Psalm 139)

1. His Knowledge of You (Psalm 139:1-6)

- The Lord intimately knows every thing about you: thoughts, speech and actions.

2. His Omni-Presence (Psalm 139:7-12)

- There is no place where you can go that God is not there.

3. The One Who Created You (Psalm 139:13-18)

- As your creator, the Lord has always known you.

4. Prayer and His Guidance (Psalm 139:23-24)

- The Lord is truly the only one who can examine your life.
- The Lord will expose your wickedness and lead you into life.

Personal Question

Consider if God is calling you to seek him. What are the pretenses that you are operating under in your relationship with the Lord? Confess the reality that you are totally exposed to the Lord in prayer.