

LESSON 5
ATTAINING GOD'S REST
HEBREWS 4:1-13

I. The Warning (4:1-10)

A. The call to fear (4:1)

- The promise of rest remains for _____.
- The writer calls his readers to fear _____.

B. The response to the Gospel (4:2)

- The gospel was preached to us as _____.
- The gospel was of no profit to them since they _____.

C. The promise of rest (4:3)

- The promise of the rest still stands for _____.
- Even though, the wilderness generation did not enter it because _____.

D. The beginning of God's rest (4:4)

- God established his rest from _____.

E. The wilderness generation (4:5)

- The writer stresses again that the wilderness generation was _____.

F. Exclusion from the rest (4:6)

- Some who first heard were excluded from God's rest because _____.

G. Current availability (4:7-9)

- The writer stresses that today is the day that we should _____.
- Today, we should _____.
- God's rest remains available for _____.

H. The nature of the rest (4:10)

- God's rest is promised to those who completed _____.

II. The Exhortation (4:11-13)

A. The call to diligence (4:11)

- Believers are called to make a diligent effort to _____.
- So that no one falls into _____ as the wilderness generation.

B. God's Word (4:12)

- God's word exposes _____.

C. Accountability (4:13)

- Nothing is hidden from _____.
- All things are exposed to the one whom _____.