



## How Does The Spirit Intercede For Us?

Episode #152

### Introduction

#### I. Today's Question

##### *How Does The Spirit Intercede For Us?*

There is a comfort in knowing that the Holy Spirit prays for us as we endure difficulty in our lives. But how exactly does he do that?

#### II. Our Weaknesses

- a. We are often crippled by our fears.
- b. Our biggest fear is the thought of being alone.
- c. This is especially true when we are in the midst of difficulty.

#### III. The Spirit's Role

- a. The Spirit was sent to us so that we would not be alone.

**Scripture John 14:16-18**

<sup>16</sup> And I will pray the Father, and He will give you another Helper, that He may abide with you forever—<sup>17</sup> the Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him; but you know Him, for He dwells with you and will be in you. <sup>18</sup> I will not leave you orphans; I will come to you.

**b. One of the Spirit's roles is to intercede for believers.**

**Scripture Romans 8:26**

Likewise the Spirit also helps in our weaknesses. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered.

**IV. The Spirit's Intercession**

- a. The Spirit understands our weaknesses and helps us in them.**
- b. There are times when we don't know how to pray for things as we should.**
- c. The Spirit intercedes for us during those times.**
- d. The Spirit intercedes with "groanings which cannot be uttered."**
- e. Some Christians believe that this is a reference for speaking in tongues.**
- f. However, the context of Romans 8 suggests something different.**
- g. The phrase "groanings which cannot be uttered" means indescribable or wordless groans.**
- h. The word groan is used three times in Romans 8:22-26.**
- i. Creation groans for deliverance and believers groan for our redemption.**
- j. The Spirit intercedes with unuttered groans for believers in their difficulties.**

**Conclusion**